

This information is intended to assist you in your spiritual development and to enhance, but not be substituted for, any care you should receive from your licensed healthcare or mental health professional.

## **A Reading of the Soul**

by Mary Ellen Flora

A psychic reading or soul reading is just what it says: a reading of the soul.

Each of us is a soul personality and we each create our reality. We then store our experiences in various forms of energy such as pictures, symbols and vibrations that can be seen as colors by a reader. A psychic (soul) reader perceives with his or her clairvoyance and other spiritual abilities these energy forms we have kept of our experiences. It is much like reading a book. Each of us is a spiritual “book” of lessons learned.

Many people have turned down their spiritual abilities so they only see on the physical plane. Even in the physical world, however, we display our experiences through this and other lives. Our happiness or sadness, frustrations or joy, show in our bodies and actions as well as in the more subtle vibrations of the spiritual plane.

For example, looking at a man on the physical plane only, one may see that he is angry; while from a spiritual perspective he could be seen as a being trying to solve someone else’s problems and needing to release them. The spiritual perspective provided by a psychic reading can free us from body limitations such as judgement, overwhelming emotions and lies.

When we allow a psychic reader to open both themselves and us to the spiritual realm, we get back in touch with the fact that we are spirit and part of God. We can then manage our lives and lessons from this perspective instead of one of survival or emotional trauma.

At CDM Spiritual Teaching Center, we read three aspects of your energy. A rose reading symbolically represents you as spirit and your relationship with God and this Earth. The chakra reading indicates how you are relating to and using your various psychic abilities. The aura reading indicates how you are manifesting your energies at this time on the physical plane. The reader also tells you the colors in your aura and interprets the meaning.

The emphasis of the reading is on “present time,” or what is occurring now. The future is not predicted, as all futures are only possible ones, and we do not wish to influence anyone’s choices.

Anyone can benefit from a psychic reading. It can provide clarity, neutrality, and even amusement about our creations in this life. The main benefit of a reading is the validation or acknowledgement of self as spirit and that all things are seen and known. Each of us hungers for this validation of being a part of all that is, and a psychic reading assists us to remember this as we communicate spiritually with others.

The questions one can ask a reader are limitless. Some that often help one's spiritual development are about such things as: what lies you are still operating through, concerns about relationships, job health, or questions about psychic experiences. The spiritual perspective of a reader can assist one to gain great control over one's creations and lighten the load of daily life.

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